Aldinga Beach B-7 School Newsletter

Term 4: 20th November 2014

Diary Dates

NOVEMBER
21 Lehmann & Pearce Excursion
24 Monthly BBQ
25 Governing Council AGM 6pm
26 Mentoring Showcase (Rec-Yr5)
26-28 E. Klocke Class Camp
28 Skinner Excursion
Advent Pageant

DECEMBER
1 Year 7 Shed
Children’s Centre Graduation
2 Children’s Centre Graduation
Moors Excursion
3 Year 7 Full Day Transition at WHS
ALL Reception classes Zoo Excursion
Meyer, Kyle V, Silvestri, Moors,
Catalan, Parsons, Hendy—Marion
Aquatic Centre Excursion

LAST DAY OF SCHOOL
Friday 12th December
TERM 1 2015
Monday 27th January

TWILIGHT CELEBRATION

For all of the families that attended our Twilight celebration and there were many of you, we are sure that you would agree that it was a terrific night. Everyone got into the Christmas spirit with the performances by the children across the early and primary years and along with the various stalls that the primary and senior classes set up, children and visitors were kept fully entertained. There were some very ingenious creations and lots of fun had by all. The food is always a draw card and we thank Neville Hailstone and his team from the Willunga Lions Club for cooking the 300 hamburgers and 400 sausages. Our kitchen garden team also cooked up a storm in the kitchen with produce for sale from the garden and our canteen staff were kept busy with drinks and ice-creams.

An event like this takes considerable effort by a team of people so a big thank you to everyone who helped to make this event such a success: Thank you to the children who performed and to those who worked on their various projects for the stalls. To the teachers for facilitating the activities, to the committee led by Kris Mott, to Mick for stage setup and Jarrad Jones for setting up the PA and the Young Leaders. (Feedback sheet on page 3).

Lyn Langeluddecke (Principal)
School raised over $1,900. This money will be spent on school projects in 2015.
Return to the front office via class tray by Friday 28th November

Twilight Celebration Feedback

The school always appreciates feedback on way that we can improve our Twilight Celebration.

Either complete this form and return by Friday 28th November or email Tania at the front office (dl.0222.info@schools.sa.edu.au)

Parent Name: ____________________________________________

Child’s Classroom: _________________________________________

Feedback comment: _________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
Earlier in the term, we celebrated with our many volunteers, the important contribution they make on a daily basis in supporting children and teachers and in committee work, which has a direct benefit to the school’s programs. Our volunteer training program has seen many community people and parents and carers attain approval to be a regular volunteer in our school.

Many volunteers sign up with the mentoring program which is facilitated by Shane Scott. 90 students have progressed through this program over the year, 50 children in the R-5 and 40 in the 6/7. 15 mentors have supported programs ranging from clay, guitar, woodwork, active boys, scrabble, life skills for juniors, crafts, Boys and Blokes, film, dance and photography.

Lyn Langeluddecke (Principal)
As our school continues to grow, parent voice is essential in contributing to the future journey that the school takes. Our Governing Council is meeting next Tuesday, 25th November at 6.00pm. This is more than a meeting as we the leaders, teachers, children, and parents take this opportunity to share our achievements from across the year. Please come and walk the journey with us as we take you to some of our favourite spots! Following this, we will hold the more formal part of the meeting where we elect our new Governing Council for 2015.

We need people on our committee with a vested interest in ‘growing’ our school. We need people who will generate ideas and be forward thinking. Its not an onerous commitment with 2 meetings a term (Wednesdays from 6:30-8:30pm with creche provided) and for those with more time, involvement in a working party. These are the doers who get in and get the job done. We need people who have an interest in finance, improving our buildings and facilities, curriculum and program development, canteen and sport.

Please consider nominating to be on the Governing Council (see brochure).

- **RESILIENCE TERM 4 2014**

  Resilience is about being mentally and psychologically tough. It is a quality that is stronger in some people than others, but although some children are naturally more resilient it’s a quality that all children can develop through their experiences. How can we help children to become more resilient? As adults we need to:

  - **show that we adults are resilient.** Be calm, show self-control and be positive during our own difficulties (not easy but give it your best shot... find help if you need it eg financial counselling, GP for mental health, drug & alcohol counselling).

  - **avoid rescuing children from all difficulties.** See some difficulties as ‘teachable moments’. Coach your children to be strong and to work their way through problems rather than panicking.

  - **Teach children coping skills** such as accepting compromise (as we can’t always have things our own way), normalising (lots of other people face these difficulties too), and self-care (have something to look forward to later).

  - **encourage children to actively participate** in some decision making within the home (and classroom), as they will develop problem solving and self-help skills essential to building resilience.

Have faith in yourself, and in your child’s strengths. They sometimes have better coping skills than we give them credit for!

  **Nicky Clark (School Counsellor)**

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- **PARENT VOICE IN DECISION MAKING**

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  **Lyn Langeluddecke (Principal)**

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- **UNITING COMMUNITIES**

  The Aldinga Beach Children’s Centre offers a range of services to support children and families. Some of these services are provided by Uniting Communities, part of Family Mental Health Support Service (FMHSS). The services currently offered to families include:

  - Free counselling to individuals and families for issues such as relationship/ family breakdown, domestic violence, drug and alcohol, and family mental health.

  - Wellvinga Holiday events - day outings for groups of families in the school holidays.

  - Wellvinga group activities for students on Mondays 12-1.

  If any of these services interest you please visit the reception desk at the children’s centre, or contact myself to discuss a referral.

  **Nicky Clark (School Counsellor)**

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**Year 7 children will get to be a UNI STUDENT FOR A DAY on Thursday 20th Nov.**

This is a very important strategy in increasing the life aspirations for our children and the benefits have the potential to be felt for generations to come. The students will travel to Flinders University where they will attend lectures and tutorials in the School Of Arts, School of Science and the School of Physical Sciences. They will also participate in an Amazing Race around the campus. The aim of this race is to help the students become familiar with the university, to build a sense of belonging and wondering about the possibilities. Flinders University is also buying each student a Subway Lunch. This partnership will continue into 2015 and beyond.

  **Mel Justice (Senior Leader)**
On Friday 14th November, 46 year 6/7 student travelled to Glenelg Beach to participate in the annual Primary Schools Beach volleyball festival. Our school was represented by 5 boys teams and 4 girls teams. Each team played between 4 and 5 games throughout the day against other schools from the metropolitan area with the aim of winning through to the finals of their respective divisions.

All students represented themselves and the school exceptionally well. The new school sports tops looked fantastic and the maturity, responsibility and skill level of all students was very pleasing. The 2 division 3 boys teams both won their way through to the grand final. This final will be played at the school during week 7.

Congratulations to these 2 teams and all other players and thank you to Elise Klocke, Mark Tuckfield, Jenny Carter and Carolyn Scott for their support in supervising and umpiring. Thank you also to all other parents who came along to support the teams.

Adam Blakely (PE Teacher)

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We have welcomed many new families to our school this term through the kindy to school transition program. With around 90 new receptions starting in 2015 we have hosted 6 parent sessions and opened Reception classrooms for the new children to visit in and to learn about school.

Teachers will continue to support each child in the new year as they continue to learn the culture of their new setting.

Our Reception teachers have been marvellous in hosting the children's visits, creating welcoming programs. Our teachers have built strong connections with kindy staff to ensure continuity of programs and to create classrooms which are less formal and focus on play.

We plan to review the transition process and refine for the future.

Kris Mott (Senior Leader)

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On Thursday of Week 4 our first group of year 5-7 students to attend the Australian Science and Mathematics School finished their 3 terms of the Adventure Space Program. These students have had the opportunity to look at the Arts, Mathematics, Cooking, Robotics, Sports Medicine and 3D Printing all through the lens of a scientist. This initiative will also continue in 2015 and will be led by Chris Burns. Next year there will be a focus on Girls in Science Education, as well as on-going partnership in The Adventure Space Program.

Mel Justice (Senior Leader)
A huge thank you to the Aldinga Beach Community Bank, a branch of Bendigo Bank, for their generous support of the Generations Together Technical Learning Program in terms 3 and 4. Aldinga Beach Community Bank donated $3000 and we could not have completed the program without their generous help. The Aldinga Beach Community Bank is well known in the community for its vital on-going support of many community groups and initiatives. We are most grateful to have such a fantastic community resource.

Parents and loved ones are invited to the Year R-5 Mentoring Program Showcase on Wednesday November 26th at 9:15am-11:00am in the hall.

There will be a display of student’s work and a light lunch provided. We would welcome parent helpers on the day to set up at 8:15ish.

Please come along and share the students’ achievements and have some fun.

Shane Scott (Mentor Co-ordinator)

Cancer kills, imagine if you could play a part in changing that, wouldn’t you? We at Aldinga Beach OSHCers are working towards finding a cure. We are currently on a ‘treadmill trek’ to get from Aldinga Beach to the city of Melbourne, this is a 747km journey. We have entered a walk with Walk 4 Brain Cancer and have been steadily making our way to Melbourne. We have a treadmill set up in the OSHC room and are walking when OSHC is open. The children are doing an amazing job, there is always a queue for the treadmill and I am confident that we will reach our goal of getting to Melbourne.

Raising awareness for the need for more money to go into research for brain cancer and in particular children’s cancer is one thing but we are also hoping to raise $1000, this is where we need your support. Each and every dollar helps, we know how wonderful and supportive this community is and we are hoping that you all get behind us and help us to smash our goal.

You can donate at the following link, http://www.curebraincancer.org.au/my-fundraising/6492/walk4braincancer-2014

If you are a business who would like to support us in our journey, please contact us on 0430043874.

Gaynor Mayfield (OSHC Director)